



# NYSTEACHS

NEW YORK STATE TECHNICAL AND EDUCATION  
ASSISTANCE CENTER FOR HOMELESS STUDENTS

# School Mental Health (NYC)

*Guest Presenter: Monica Gavilanes, Department of Health*



- **Monica Gavilanes**, Supervisor of the School Mental Health Consultancy Program, Department of Health
- **NYS-TEACHS**, New York State Technical and Education Assistance Center for Homeless Students

# Housekeeping: Using the Control Panel

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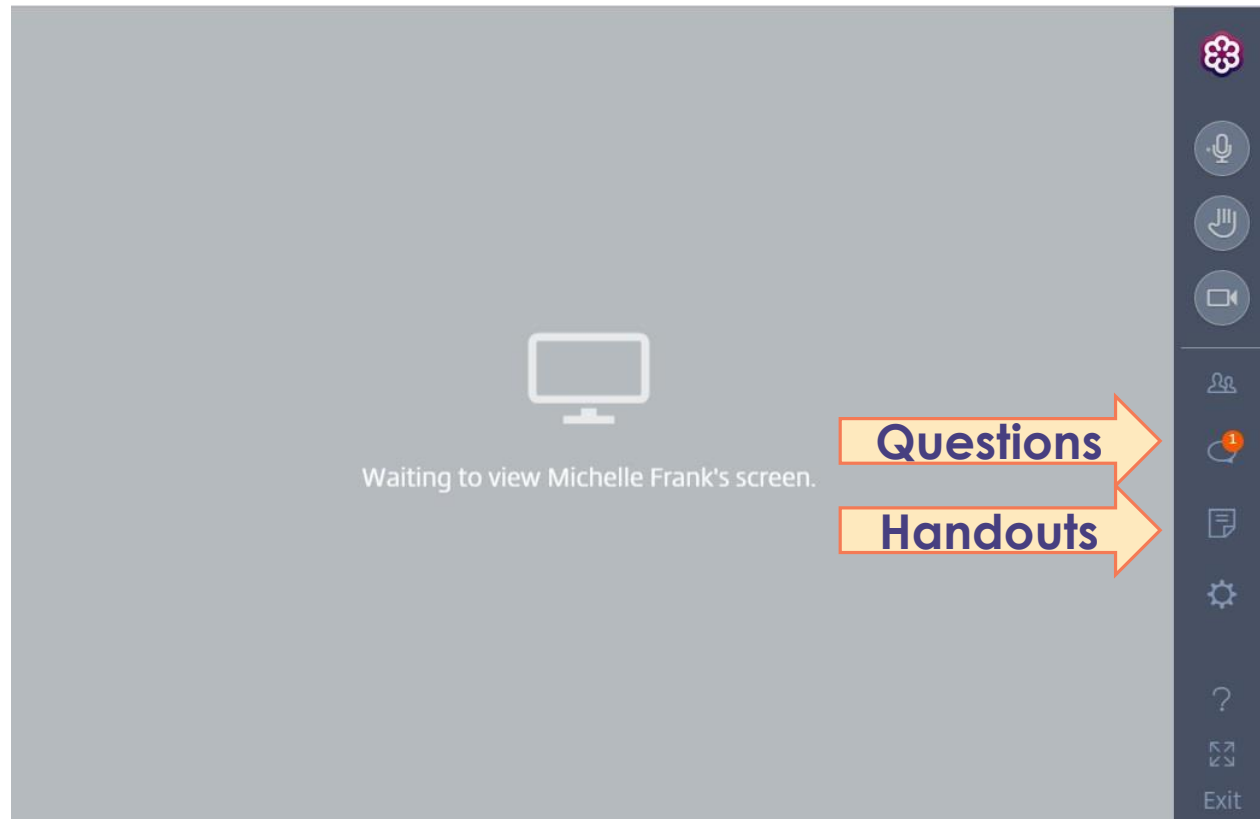
+ Handouts - 0

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Webinar ID: 155-089-555

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# Recording



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INFO BY TOPIC   LIAISONS   NEWS   POSTERS & BROCHURES   **TRAININGS**   GRANTEES   PARENTS & FAMILIES   FAQ   800-388-2014

## Trainings

NYS-TEACHS provides free trainings and webinars for school districts, social service providers, and other professionals about the educational rights of children and youth experiencing homelessness.

You can:

- ◆ Register for an upcoming event in [New York City](#) or [New York State](#) (outside NYC)
- ◆ View [training materials from past events](#) and watch recorded webinars
- ◆ Download materials to present a [turn-key training](#)

### THINGS TO DO

[New York State Event Registration](#)

[New York City Event Registration](#)

[Annual Workshop Archive](#)

[Webinar Archive](#)

[Turn-Key Presentations](#)

 REMINDERS

**MENTAL HEALTH IN  
SCHOOLS:  
SYSTEMS OF CARE**

OFFICE OF SCHOOL MENTAL HEALTH  
FEBRUARY 2020  
MONICA GAVILANES

# LINKING TO CARE: THE BIG PICTURE

Help School Staff use critical thinking to...

1. Form a hypothesis about
  - a) The child's presenting needs/issues
  - b) What services would fit those needs/issues
2. Ask questions for a deeper understanding
  - a) Assess for risk/imminent danger
  - b) Assess for willingness to go to services
  - c) Assess for social supports or barriers
3. Make appropriate referrals

# Mental Health Affects Student Achievement

Fewer referrals based on challenging behavior

- Fewer special education services

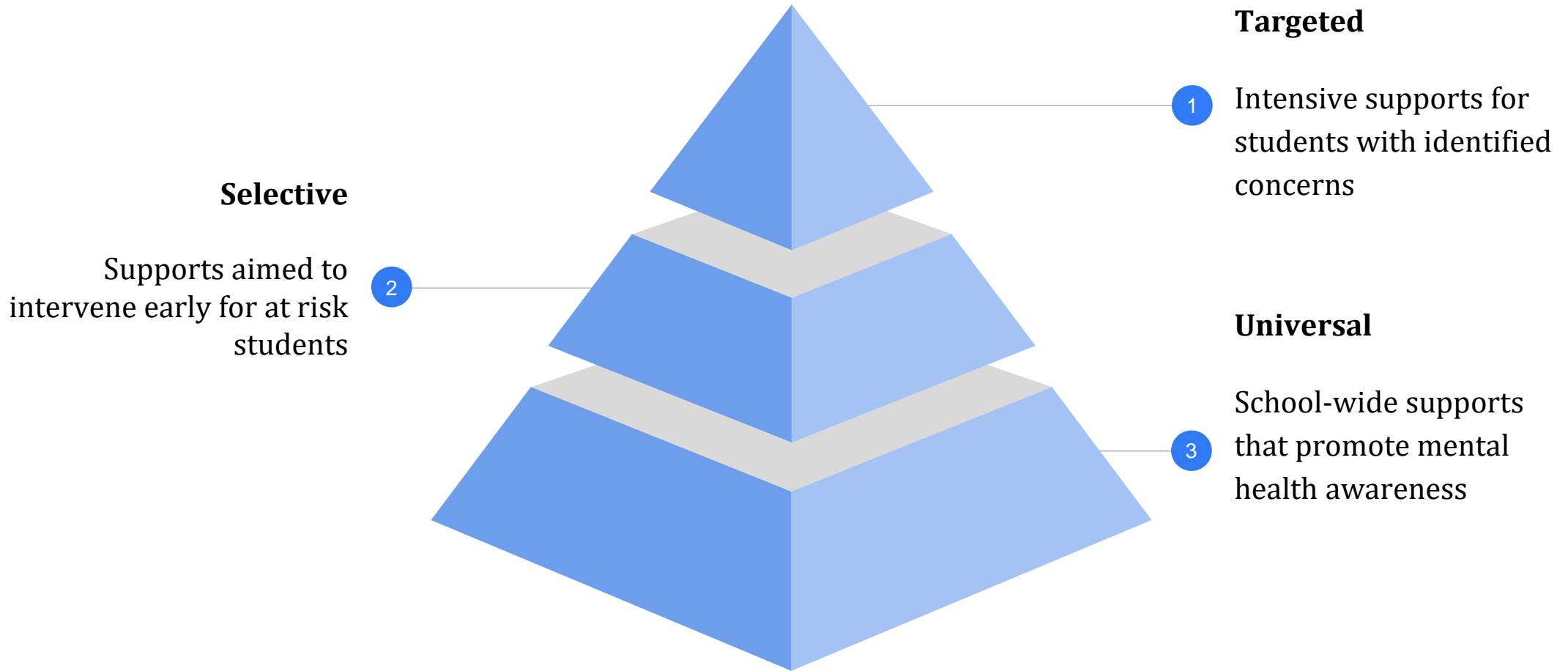
  - Students can stay in less restrictive environments

Mental health services decrease disruption due to behavioral challenges and fewer disciplinary actions taken

Mental health services improve academic achievement, standardized test scores, and graduation rates

Teachers show increased confidence and ability to handle mental health crises in their classroom [11](#)





# Three-Tiered School Mental Health Framework

# MENTAL HEALTH

Least  
Intensive



Most  
Intensive



# MENTAL HEALTH OUTPATIENT CLINIC

- 3 step intake process (May involve a session with an Intake Coordinator, Psychiatrist, or Therapist, before being assigned to a provider)
- Attend weekly or bi-weekly appointments
- Most have medication management
- Individual, group, or family therapy
- Insurance or sliding scale
- Clinic services include:
  - Assessments (psychiatric, psychosocial)
  - Individual, family, and group therapies
  - Medication management
  - Case management
  - Referrals
  - Medication management

# MENTAL HEALTH OUTPATIENT CLINICS: HOW TO ACCESS?



**NYC Well** has a staff of trained mental health professionals that can help callers find the most appropriate mental health and substance abuse services for their needs. Services include counseling, suicide prevention, crisis intervention, peer support, referrals to care, assistance in connecting to the referral, and follow-up services. NYC Well is free and confidential and operates 24 hours per day, 7 days per week via phone, text, and internet chat. NYC Well is multilingual and multicultural:

**(888) NYC-WELL (888-692-9355)**

**711** (TTY for hearing impaired)

You can also text **WELL** to **65173** or go to NYC Well, an online resource for individuals, families and agencies in need of help and information.

<https://nycwell.cityofnewyork.us/en/>

**Office of Mental Health-OMH** Mental Health Program Directory provides information on all programs in New York State that are operated, licensed or funded by the State Office of Mental Health (OMH). This site includes three search options: Basic Search, Advanced Search, and Full Directory. Definitions for all programs are available under the Support tab, along with directory help and information on program data collection.

<https://my.omh.ny.gov/bi/pd/saw.dll?PortalPages>



Online Social Service Resource Directory: Connecting New Yorkers to free or low cost health and social service options. [hitesite.org](https://hitesite.org)

# INTENSIVE MENTAL HEALTH OUTPATIENT SERVICES

- Intensive Outpatient Clinic
- Attend several times per week
- Medication management
- Individual, group, or family therapy
- Insurance or sliding scale
- There are FIVE types of Intensive Outpatient Services for children/adolescents:
  - HBCI Home Based Crisis Intervention
  - ICST Intensive Crisis Stabilization and Treatment
  - Home and Community Based Waiver
  - FFT Functional Family Therapy
  - BSFT Brief Strategic Family Therapy

# HOME BASED CRISIS INTERVENTION (HBCI)

The home based crisis intervention (HBCI) programs provide in-home crisis services to families when a child is at imminent risk of hospital or out-of-home placement. This service provides intensive in-home interventions for about 4-6 weeks in the child's home and community. Each counselor works with a small number of families. A counselor is available 24 hours a day, 7 days a week. Goals of this program includes crisis stabilization, avoiding hospital or out-of home placement, developing problem solving strategies with the family, and linking the child and family to community-based resources and supports.

## **Services include:**

- Crisis intervention
- Working on problem-solving skills
- Individual and family counseling
- Linkage to community-based resources
- Case management
- Medication evaluation and management

## **Who can get services?**

- Children between the ages of 5-18 years; Free Service
- Must have a serious emotional disturbance and be in crisis, but not requiring hospitalization. Referral made by a provider, psychiatrist who must document risk of hospitalization/placement

## **How to access:**

- Referrals to this program are made primarily through an emergency room, walk-in clinic or mobile crisis team. Referrals can be made directly by contacting the HBCI programs.

For more information, contact **I-888-NYC-WELL (1-888-692-9355)**.

# INTENSIVE CRISIS STABILIZATION AND TREATMENT

The Intensive Crisis Stabilization and Treatment (ICST) program is a crisis service and combines components of the home based crisis intervention (HBCI) and clinic treatment to prevent hospital treatment of children in crisis. This program addresses the needs of children in psychiatric crisis who can also benefit from additional mental health treatment. The purpose of ICST is to stabilize the child, provide in-depth individual and family treatment for up to 3 months, so that the child can be treated and maintained in their homes and communities, and provide links to children and family for ongoing support and treatment services. ICST programs operate in the Bronx and Brooklyn.

## Services include:

- Crisis intervention
- Individual and family therapy
- Clinic treatment
- Case management services
- Medication evaluation and management

## Who can get services?

- Children between the ages of 5-18
- Must be experiencing acute psychiatric crisis

## How to access:

- Referrals can be made through emergency rooms, mobile crisis units, case management programs, social service agencies and schools/after school programs. Referrals can be made directly by contacting the ICST programs.

For more information, contact **1-888-NYC-WELL (1-888-692-9355)**.

# HOME & COMMUNITY BASED WAIVER

Within broad Federal guidelines, States can develop home and community-based services waivers (HCBS Waivers) to meet the needs of people who prefer to get long-term care services and supports in their home or community, rather than in an institutional setting. In 2009, nearly one million individuals were receiving services under HCBS waivers.

Nearly all states and DC offer services through HCBS Waivers. States can operate as many HCBS Waivers as they want — currently, more than 300 HCBS Waiver programs are active nationwide.

- similar level of services as inpatient unit, but in the home
- Ages 5-21
- Must be referred through CSPOA (**Children Single Point of Access**) by a provider
- Medicaid or Free if no Medicaid



# TYPES OF INTERVENTIONS

- Functional Family Therapy
  - FFT is a family therapy intervention for the treatment of violent, criminal, behavioral, school, and conduct problems with youth and their families. FFT-CW is an adaptation of Functional Family Therapy developed in NYC and integrates a developmental focus for children birth – 18 years old.
- Brief Strategic Family Therapy
  - BSFT is a short-term, structured, problem-focused and practical approach for the treatment of youth conduct problems, associations with antisocial peers, early drug use and the accompanying maladaptive family interactions (relations), all of which are recognized risk factors for delinquent behavior and substance abuse.
- OnTrackNY
  - An evidence-based approach to provide recovery-oriented treatment OnTrackNY is an innovative treatment program for adolescents and young adults who have had unusual thoughts and behaviors, or who have started hearing or seeing things that others don't. OnTrackNY helps people achieve their goals for school, work, and relationships. Interdisciplinary treatment teams could include a psychiatrist, a nurse, a primary care physician, a supportive employment/education specialist and an outreach specialist. Programs are located throughout New York State.

# DAY TREATMENT PROGRAMS

Day treatment programs provide comprehensive outpatient mental health treatment to young people who are identified as having a serious emotional disturbance by their school districts and are able to live at home or in the community. They offer a combination of treatment and educational services that give children a full day of special activities to address their mental health needs. These programs offer special education in small classes and are for children who need therapy and help throughout the school day. Some day treatment programs are offered in public schools, while others are offered as completely separate programs. Children in day treatment services continue to live at home and in their communities.

## **Services include:**

- Special education in small classes
- Treatment planning
- Medication management
- Individual, family and group therapies
- Crisis intervention
- Interpersonal skill development

## **Who can get services?**

- Children with mental health disorders that interfere with educational and social functioning
- Children between the ages of 3-18 (there are two programs in NYC for children age 3-5)
- Children who cannot be maintained in a regular classroom.

## **How to access a day treatment program:**

- Referrals can be made directly to the local school district. These referrals can be made directly by parents or the child under certain circumstances. A staff member at the school or district, a doctor, a court officer, or any agency the child may be involved with may also make referrals.

For more information, contact the principal or parent coordinator of the child's school or call **I-888-NYC-WELL (1-888-692-9355)**.

# CHILDREN MOBILE CRISIS TEAMS

Children Mobile crisis teams (MCTs) consist of professionals, including a psychiatrist, psychologist, nurse and social worker. These teams visit children in their home to identify problems and make recommendations for care. MCTs provide short term services (3-6 visits) to children with immediate mental health needs and may be the first form of treatment offered to children in crisis. MCTs are run by licensed mental health agencies, and they respond to mental health service needs within 24 hours of a call.

**Goal:** Assess the child's and family's needs, assist in managing a situation, and connect the child to services in the community. (NOT for psychological assessments)

- CMCTs call the parent/caregiver to assess the situation and obtain consent (if needed)
- If the parent is not available, the principal will use their discretion to make the call
- The CMCT responds in-person within 48hrs – depending on the urgency of the call
- The call can be made by any concerned person – including parents!

## **Who can get services?**

- Children up to age 18
- Experiencing or at risk of acute psychiatric crisis

## **How to access:**

- Family members, clergy, friends and others concerned about the child in crisis can contact mobile crisis teams directly.
- All referrals must be made through **I-888-NYC-WELL (1-888-692-9355)**.

### **Please Note:**

There are three types of MCT

1. Mobile Crisis Team
2. Children's Mobile Crisis Team\*
3. Co-Response Team (CRT)

# CHILDREN'S COMMUNITY RESIDENCES

Community Residences (CR) are small therapeutic group homes that serve up to 8 children who live with and are supervised by specially trained staff. Children are placed in a residence as close to their homes as possible. The program works with both the child and the family/caregivers to develop skills, supports and capacities that will result in the youth returning to their family or preparing for independent living. While living in a community residence, children participate in the life of the community around them, attending neighborhood schools and taking part in local recreation and cultural programs.

## Services include:

- Structured daily living activities
- Problem solving skills training
- Behavioral management
- Clinical services ( provided by local mental health programs )

## Who can get services?

- Children between the ages of 5-18 years
- Children with a serious emotional disturbance
- The child is at risk for being hospitalized, re-hospitalized, or requiring residential placement

For more information, contact **CSPOA: 1-888-CSPOA-58 (1-888-277-6258)**

# RESIDENTIAL TREATMENT FACILITIES

Residential treatment facilities (RTF) are residential psychiatric facilities that serve children and adolescents who need longer-term treatment. They provide comprehensive mental health and educational services for children ages 5-21 with an IQ over 50. The objective of the program is to help a child improve his or her daily functioning, develop coping skills, support the family and to ensure appropriate community linkages and supports to ensure successful transition to the community.

## Services include:

- Case coordination
- Crisis intervention
- Medication management
- Individual and group therapies
- Creative arts therapy
- Therapeutic recreation
- Skill-building/Vocational training
- On-campus schooling

## Who can get services?

- Children between the ages of 5-21
- Must have serious emotional disturbance and need for a comprehensive longer-term inpatient treatment program outside of the home and community.

## How to access:

Referrals to these facilities are made only after other appropriate community-based programs have been considered and ruled out. Eligibility for an RTF is determined by the Pre-Admission Certification Committee (PACC). Providers or family members can complete an application packet, consisting of a thorough explanation of the need for this level of care for the youth. To receive the application packet, please contact the **PACC coordinator at 330 Fifth Ave, 9th floor, New York, NY 10001; Tel: 212-330-6398.**

For more information, contact **NYC Well.**

# IMMINENT RISK

**CONTACT 911/EMS FOR THOSE IN IMMINENT RISK**

- an individual states (or is reported to have stated by a person believed to be a reliable informant) both a desire and intent to die and has the capability of carrying through his/her intent
- an immediate and impending threat of a person causing substantial physical injury to self or others.

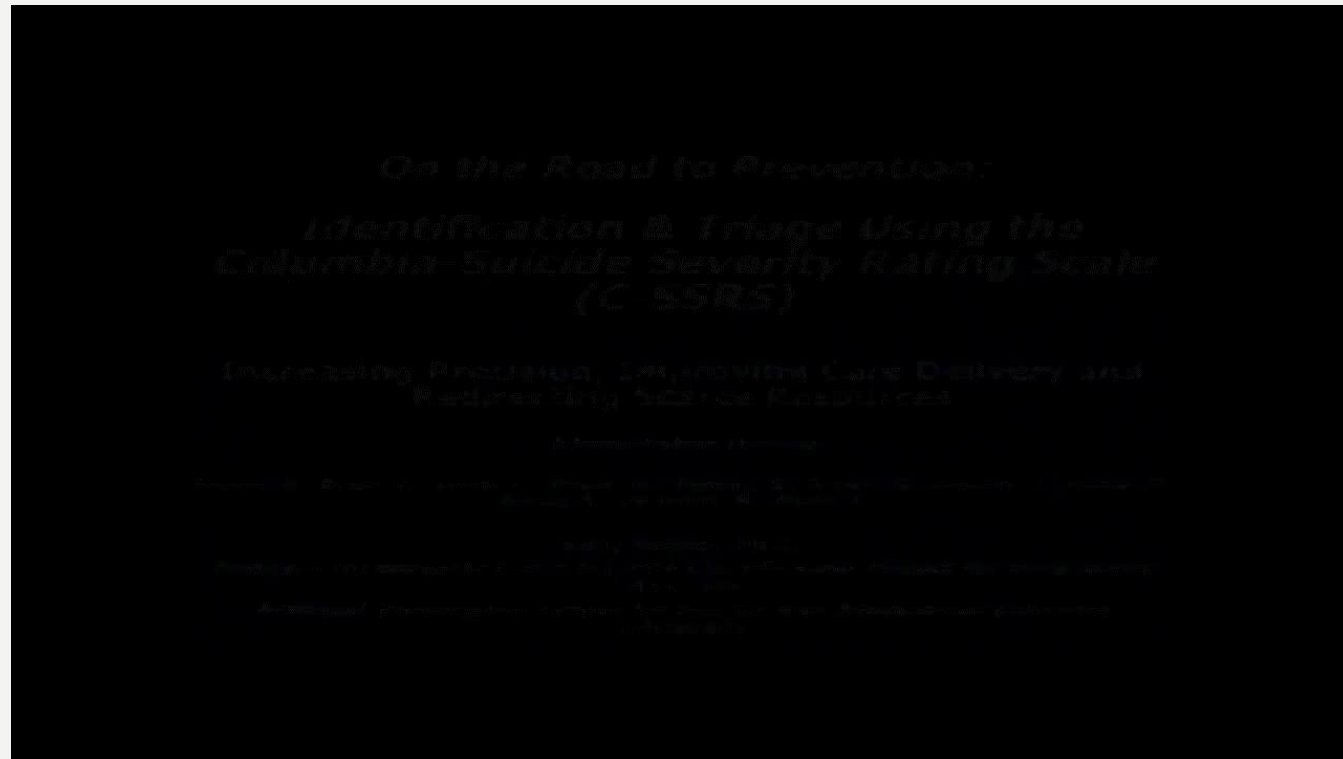
## Suicide Stats

- Every 15 minutes someone dies by suicide in the U.S.
- Suicide is the 2<sup>nd</sup> leading cause of death in Children
  - Bullying victims are 2-9x more likely to consider suicide
- Suicide is the 3<sup>rd</sup> leading cause of death in Adolescents
  - 10% of High School students attempt suicide each year
- Rates have DOUBLED for African-American males since 1996

## How to assess for risk?

- Contact **NYC WELL 1-888-NYC-WELL (1-888-692-9355)**
- Columbia- Suicide Severity Rating Scale **C-SSRS\***
  - Can be administered by all types of gate keepers ( Teachers, First Responders, Coaches, Bus Drivers, School Safety Agents, Paraprofessionals, School Nurses, etc.)
  - Available in 103 languages
  - Average administration time is less than one minute

# COLUMBIA-SUICIDE SEVERITY RATING SCREENING C-SSRS



# SPECIAL POPULATIONS





# EARLY CHILDHOOD AGE 0-5



- Mental health treatment appropriate for children ages birth-5, their caregivers, and siblings including family therapy and art therapy.
- Peer advocates, case management and parent coaching available.
- Early Intervention services helps young children (birth to 3 years) who are not learning, playing, growing, talking or walking like other children their age. The program works with your family to set meaningful goals for your child and create a service plan to help your child and your family meet those goals.

## How to Refer:

The Early Intervention Program can help by providing a free evaluation to find out if the child is eligible for their service. A child is eligible if:

- Is not learning, playing, growing, walking or talking like other children their age
- Has a diagnosed condition that is likely to result in a delay in development

Families, doctors, and community members can make a referral by calling 311 and asking for Early Intervention.

Referral form: <https://www1.nyc.gov/assets/doh/downloads/pdf/earlyint/ei-referral-form.pdf>

# STUDENTS IN TEMPORARY HOUSING

Contact 311 for:

- Homeless Mobile Crisis/Outreach Teams
- Homelessness Prevention – Homebase program

## Shelters

- Call 1-800-994-6494 for single males, females and adult families
- The **PATH process** is outline here on DHS website <https://www1.nyc.gov/site/dhs/shelter/families/families-with-children-applying.page>

## Eviction Prevention for people with mental illness

- If an eviction notice was received call APS to temporarily prevent eviction while they try to assist with the situation

## DHS College Prep Project (CPP)

The Department of Homeless Services is committed to the educational success of students residing in shelter. The College Prep Project (CPP) was created to provide students with the tools and guidance they need to graduate high school, apply to college, and succeed upon arrival to campus. Over the course of an academic year, CPP makes accessing college preparation resources easier. The project includes:

- Individualized guidance on essay writing, financial aid, scholarships, internships, and more
- College campus tours
- Assistance with the FAFSA application
- Trainings on diversity and healthy relationships
- Financial literacy instruction
- The Future Leaders Graduation Ceremony, where students who provide us with proof of college acceptance will be awarded a laptop



# LGBTQIA+



Services geared toward individuals who identify as lesbian, gay, bisexual, transgender, queer/questioning, intersex, asexual

## NYC Unity Project

The NYC Unity Project is the City's multi-agency strategy to deliver unique services to young people who are lesbian, gay, bisexual, transgender, or questioning their sexual orientation or gender identity (LGBTQ).

You can learn about services, programs, and resources for LGBTQ youth:

<https://growingupnyc.cityofnewyork.us/generationnyc/topics/lgbtq/>

## LGBTQ Counseling for Child Welfare Parents and Children

The City provides help and referrals to LGBTQ parents and LGBTQ children who are clients of the Administration for Children's Services (ACS) or who receive child welfare assistance from the State.

Call **311** for assistance by phone.

Directory of LGBTQIA Services in NYC

<https://comptroller.nyc.gov/services/for-the-public/lgbtq-guide/overview/>

# ADOLESCENTS

**NO PARENTAL CONSENT NEEDED**

## The Door: Adolescent and Young Adult Services

- Free service for youth ages 12-24 years
- Mental Health/Substance Use Counseling
- Primary Health Care (includes prenatal care and health education)
- Legal services
- Tutoring, college prep, classes, career development, job placement, recreational activities, assistance for



## Adolescent Health Center-Mount Sinai

- Free or accepts Medicaid for youth ages 10-22 (up to 24 if already enrolled)
- Mental health, Substance Use, Psychological testing
- Medical, Family planning, Dental, Health education
- Teen parenting program, Transgender group, Hormone therapy



# CHILDREN WITH SPECIAL HEALTH CARE NEEDS

The Department of Health can provide these services for families who do not have health insurance and need help applying for low or no-cost health insurance.

## Eligibility

These services are intended for families with children, youth or young adults who have conditions for which they need extra health care and services. Eligible children must:

- Be 21 or younger
- Reside in New York City
- Have been diagnosed with (or may have):
- A serious or chronic health condition or disability
- A physical condition
- A developmental/intellectual condition
- An emotional/behavioral condition

## Services

### Health Insurance Assistance and Medical Referrals

A program that can help families apply for health insurance and find the right medical providers for a child. That means getting a free medical evaluation for a child, as well as help finding free and low-cost health services in their community. This program connects families with doctors who can examine a child and develop a care plan for them. The program can also refer families to medical specialists who know how to care for children with complex needs. For more information about finding the right medical providers and follow-ups, call **(347) 396-4600**.

### Community Support Groups:

- Parent-to-Parent <http://parenttoparentnys.org/>
- Include NYC <https://www.includenyc.org/>
- SKIP of NY <http://skipofny.org/>



# RESOURCE PAGE

- <https://www1.nyc.gov/site/doh/health/health-topics/child-and-adolescent-mental-health-emergency-crisis.page> - Child & Adolescent Mental Health Emergency & Crisis Services
- <https://nycwell.cityofnewyork.us/en/>- NYC Well
- <https://my.omh.ny.gov/bi/pd/saw.dll?PortalPages>- Office of Mental Health: Find a Mental Health Program
- <https://www1.nyc.gov/site/doh/health/health-topics/child-and-adolescent-mental-health-services.page> - Child & Adolescent Mental Health Outpatient Services
- <https://www1.nyc.gov/assets/doh/downloads/pdf/mental/echmh-flyer.pdf> - Early Childhood Mental Health Network
- <https://www.medicaid.gov/medicaid/hcbs/authorities/1915-c/index.html> - Home & Community Based Services Information Page Medicaid.gov
- <http://a068-preventivesse.nyc.gov/psse/search?actionType=search>- Preventative Service Search Engine
- <https://www1.nyc.gov/assets/acs/pdf/guidebook/PreventiveServicesDirectorySept2015.pdf>- Preventative Service Directory
- <https://www.ontrackny.org/>- OnTrackNY
- [https://cssrs.columbia.edu/wp-content/uploads/C-SSRS\\_Pediatric-SLC\\_11.14.16.pdf](https://cssrs.columbia.edu/wp-content/uploads/C-SSRS_Pediatric-SLC_11.14.16.pdf)- Columbia-Suicide Severity Rating Scale (C-SSRS)
- [C-SSRS-Screener-with-Triage-Points-for-Schools-2018.docx](#)- Columbia-Suicide Severity Rating Scale (C-SSRS)
- [https://www.health.ny.gov/health\\_care/medicaid/program/medicaid\\_health\\_homes/hh\\_children/docs/hhsc\\_fact\\_sheet.pdf](https://www.health.ny.gov/health_care/medicaid/program/medicaid_health_homes/hh_children/docs/hhsc_fact_sheet.pdf)- Health Home Serving Children HHSC Fact Sheet
- <https://door.org/>- The Door
- <https://www.mountsinai.org/locations/adolescent-health-center>- Mount Sinai Adolescent Health Center
- <https://comptroller.nyc.gov/services/for-the-public/lgbtq-guide/overview/>- Directory of LGBTQIA services in NYC
- <https://growingupnyc.cityofnewyork.us/generationnyc/topics/lgbtq/>- NYC Unity Project
- <https://portal.311.nyc.gov/article/?kanumber=KA-02847>- 311 LGBTQ Services and Resources
- <https://www1.nyc.gov/assets/dhs/downloads/pdf/public-education-plan-2015-2016.pdf>- DHS 2015-2016 Education Plan
- <https://www1.nyc.gov/assets/dhs/downloads/pdf/college-prep-brochure-engl-sp.pdf>- DHS College Prep Project Boucher

# **FAMILY RESOURCE CENTERS** FORMERLY MENTAL

**HEALTH ASSOCIATION OF NYC**

Provide support and resources to families who are raising children with mental health needs. They aim to reduce the isolation and stress of parenting a child with emotional and behavioral difficulties.

**Manhattan North:** 212-410-1820

**Manhattan South:** 212-964-5253

**Queens West:** 718-651-1960

**Queens East:** 347-644-5711

**Brooklyn North:** 877-425-8133

**Brooklyn South:** 347-394-5186

**Staten Island:** 718-698-5307

**Bronx North:** 718-220-0456

**Bronx South:** 718-220-3868



### Helpful Phone Numbers & Hotlines

HIV/AIDS Hotline-NYS  
1-800-541-2437

Child Abuse Reporting in  
NYC:

Mandated Reporter  
1-800-635-1522

General Public & Non  
Mandated Reporters  
1-800-342-3720

Children's Single Point of  
Access (CSPOA)  
1-888-277-6258

Crime Victim's Board  
212-577-7777

Domestic Violence  
Hotline  
1-800-621-4673

Drug Abuse Hotline  
1-800-522-5353

Food and Hunger Hotline  
1-866-888-8777

Immigrant Hotline -NYC  
212-788-7654

NYC WELL  
1-888-NYC-WELL

Español: PRESS #3

中文:

PRESS #4

Deaf/Hearing Impaired  
711

Rape & Sexual Assault  
212-227-3000

Runaway Hotline  
1-800-786-2929

Teen Pregnancy Hotline  
(PCAP)  
1-800-522-5006

LGBTQ Resources  
1-866-488-7386

\*Please contact 311 for  
additional resources in  
NYC.

11.17.16



## Mental Health & Social Services For NYC Youth

### Call or Text NYC Well Today

- Toll-free and confidential Mental Health Information and Referral Line with access to Mobile Crisis Teams.
  - Staffed by trained Social Workers 24 hours, 7 days per week, 365 days per year.
  - Borough wide Child Mobile Crisis Teams
  - **1-888-NYC-WELL (692-9355)**
  - Text "Well" to 65173
  - <http://nycwell.cityofnewyork.us/en/>
  - <http://www.hitesite.org>
- Interpretation services are offered for 200+ languages.

### Office of Safety First

Call this resource if you are concerned about the progress of a child protective investigation or have an ongoing safety concern related to a case that you called into the State Central Registry:

#### Mandated Reporters:

718-543-7233

#### General Public:

212-676-9421

### Families on the Move, Inc.

- Support for children and youth with emotional, behavioral and/or mental health challenges and their families.
- Coordinated, community-based, culturally-competent, family-driven services.
- <http://fotmny.org/>

For more information about school-based support for mental and behavioral health, contact:

[MH@schools.nyc.gov](mailto:MH@schools.nyc.gov)

### Children's Single Point of Access (CSPOA)

Children's SPOA is designed to improve access to intensive mental health services by creating a single point of entry to refer, link and coordinate services for family and youth who need high end services. Such services include:

- Case management
- Home/community based waiver
- Children's ACT team
- Community residence
- Family based treatment
- **1-888-277-6258**

### Family Resource Centers

Provide Parent-to-Parent Support  
Specially trained staff who are aware of problems families have with children with emotional/behavioral difficulties.  
Provide education, support and advocacy to parents.

Manhattan North: 212-410-1820

Manhattan South: 212-964-5253

Bronx North: 718-220-0456

Bronx South: 718-220-3868

Queens West: 718- 651-1960

Queens East: 347-644-5711

Brooklyn North: 877-425-8133

Brooklyn South: 347-394-5186

Staten Island: 718-698-5307

Dial 0 to speak to an operator

**SCHOOL  
MENTAL  
HEALTH**

More Resources