

Hotlines

Child Abuse Reporting in NYC

Mandated Reporters:

1(800) 635-1522

General Public:

1(800) 342-3720

Call 911 in case of emergency!

Office of Safety First

(follow up from child protective report)

Mandated Reporters:

718-543-7233

General Public:

212-676-9421

National Suicide Prevention Lifeline

1-800-271-8255

Crime Victims Hotline (through Safe Horizon)

Domestic violence hotline:

1-800-621-HOPE (4673)

All crimes and family support:

1-866-689-HELP (4357)

Rape and sexual assault:

1-212-227-3000.

Operates 24 hours a day, 7 days a week.

Call 911 in case of emergency!

NYS Addiction Hopeline

1-800-522-5353

NYC Emergency Food Line

1-866-888-8777

Mayor's Office of Immigrant Affairs

(212) 788-7654

National Runaway Helpline

1-800-786-2929

Growing Up Healthy Hotline

(for teen pregnancy)

1-800-522-5006

The Trevor Project Lifeline

1-866-488-7386

Students in Temporary Housing Infoline (TEACH-S)

800-388-2014

New York State HIV/AIDS Information Hotline

1-800-541-2437

(Monday - Friday 8am - 8pm,
Saturday & Sunday 10am - 6pm)

Mental Health and Social Services for NYC Youth



Chat at

nycwell.cityofnewyork.us/en/



Text WELL to 65173



Call 1-888-NYC-WELL
(1-888-692-9355)

Connect to the mental health support you need 24 hours a day, 7 days a week – **including holidays**. NYC Well provides the following services:

- Suicide prevention and crisis counseling by a licensed counselor
- Peer support and short-term counseling
- Assistance accessing mental health services and making appointments
- Follow-up to ensure services are working out

Services available in 200+ languages.

NYC Family Resource Centers

Individual and group-based family support services to parents/caregivers of children and youth (birth- age 24) who have or are at risk for developing emotional, behavioral, or mental health challenges, using a family and youth peer model. **They provide emotional support, advocacy, information and resources, referrals to community resources, educational workshops, recreational activities, and respite.**

Northern Bronx:

718-220-0456

Southern Bronx:

718-220-3868

Northern Manhattan:

212-410-1820

Southern Manhattan:

212-964-5253

Northern Brooklyn:

718-290-8100

Southern Brooklyn:

347-462-8124

Eastern Queens:

347-644-5711

Western Queens:

718-651-1960

Staten Island:

718-698-5307



**SCHOOL
MENTAL
HEALTH**

Children's Single Point of Access (CSPOA)

Centralized referral system for children with serious emotional disturbance who need intensive mental health services. Directs patients up to 21 to community services including:

- Health Home Care Management
- Non-Medicaid Care Coordination
- Home/community-based waiver
- Community Residences

More information: 347-396-7205

Adolescent Skills Centers

<https://www.vibrant.org/what-we-do/community-programs/youth-young-adult-services/adolescent-skills-centers/>

For young people 16-21 with emotional and behavioral challenges that interfere with school or finding and keeping a job. Case managers, counselors, employment specialists, youth advocates and teachers provide vocational training and development and support around secondary and higher education.

Manhattan

YES Adolescent Skills Center
50 Broadway, 8th Floor
New York, NY 10004
(212) 254-0333, Ext: 861

Queens

Adolescent Skills Center
29-46 Northern Blvd, 2nd Floor
Long Island City, NY 11101
(646) 738-5131

Bronx

Adolescent Skills Center
975 Kelly Street, Suite 302
Bronx, NY 10459
(718) 292-7880, Ext: 6120
BronxASC@mhaofnyc.org

Online Resources

HiteSite

www.HiteSite.org

Directory of NYC mental health providers and services.

NYS Office of Mental Health Provider Search

<https://my.omh.ny.gov/bi/pd/saw.dll?PortalPages>

State-wide directory of mental health providers

NYC School Mental Health

<https://www.schools.nyc.gov/school-life/health-and-wellness/mental-health>

Department of Education site with mental health information

Department of Youth and Community Development

<https://www1.nyc.gov/site/dycd/index.page>

Search for after-school resources

National Center for School Mental Health

<http://csmh.umaryland.edu/>

Technical assistance and resources

UCLA Center for Mental Health in Schools

<http://smhp.psych.ucla.edu/>

Training, printable resources, and technical assistance

NYU Child Study Center

<https://nyulangone.org/locations/child-study-center>

Webinars, presentations, and information for caregivers and providers

Child Mind Institute

<https://childmind.org/>

Free information and guides about various diagnoses.



For more information about school-based support for mental and behavioral health, contact:

MH@schools.nyc.gov